

Suggested Packing List

- Bed linens – sheets (single/twin size), blankets or sleeping bag, pillow cases
- Pillow
- Bath Towels
- Toiletries – shampoo, deodorant, toothbrush, toothpaste, personal care products
- Hair dryer
- Clothing
 - Casual, comfortable clothing – shirts, shorts, jeans/long pants, etc.
 - Nice dress attire for Sunday
 - Ladies – skirts, dresses or dress pants
 - Men – dress pants and shirt
 - Jacket, sweatshirt or other long sleeve shirts
- Sturdy walking shoes
- Umbrella and/or rain coat
- Alarm clock
- Small fan (optional)
- Small amount of spending money (optional – for HOBY merchandise and other items available during the weekend)
- Camera
- Water bottle
- Prescription Medication – ***see notes below***
- OTC medication as needed
- Directions to Saint Michael's
- Any completed pre-seminar forms or room key deposit checks that were not previously returned to us by mail (applies only to late registrants)

Prescription Medication:

If applicable, be sure to bring any prescription medication. Please bring only as much medication as will reasonably be needed during the HOBY event (4 days). Medication must be in its **original** container as labeled by the pharmacy. A Medication Verification Form for Physicians must be on file for all prescription medications. Please refer to the Policy for Use of Medication During a HOBY Event included in the pre-seminar materials for more information.

Check In:

Check in will start at 9am on Thursday, May 26th and last until 10:30am. Please make every effort to arrive during that time frame. Please do not arrive expecting to check in prior to 9am. Check in and room assignments will be handled at the Dion Family Center at St. Michael's College.

Questions:

Please contact Jane Manby at registration@hobyvt.org or call (860) 704-9594 with any questions.